

Shortened Quarantine Period After Exposure

Shortened Quarantine Guidance

- Quarantine **with** testing
 - After exposure, monitored daily (self monitoring or active monitoring by Public Health) for 7 days. Are only eligible for shortened quarantine if you have no symptoms.
 - On or after day 5, may get a PCR test (antigen and antibody tests are NOT allowed for this purpose) – if negative can be removed from quarantine after day **seven (7)**.
 - Must remain asymptomatic (no symptoms)
- Quarantine **without** testing
 - After exposure, monitored daily (self monitoring or active monitoring) daily for 10 days. Are only eligible for shortened quarantine if you have no symptoms.
 - After day 10 can be released from quarantine without a test.
 - Must remain asymptomatic (no symptoms)
- All exposed people should self-monitor for **fourteen (14)** days from exposure and contact healthcare provider if symptoms develop. Disease can still develop through day 14.